

## **AREC Board Meeting**

**May 6<sup>th</sup>, 2024 @ 6:00**

Meeting called to order at 6:15: Motioned by Amy and 2<sup>nd</sup> by Dona

**Attendance:** Dona McBride, Amy Chambers, Anna Walker, Patti Coulombe, Russ Bowers, Nick Collica, Lien Baker, and Tom McBride

- 1. President's Report:** Dona
  - a. Membership issues
    - i. Anna sent email with information to runners who have not renewed yet
    - ii. Send mass email to remind all members about our renewal process in November
  
- 2. Marathon Training:** Dona
  - a. Opening day Saturday May 11<sup>th</sup> at 6:45
    - i. Welcome celebration with balloons, decorations, music
    - ii. Request help from Noelle (sound system, etc..)
    - iii. Coaches lead dynamic stretches
    - iv. Announcements by Dona
    - v. Board members arrive at 6:30 for set up
  
- 3. Summer Picnic:** Dona
  - a. Sunday August 18<sup>th</sup> 12-4 at Marina Vista Park
    - i. Checking for permit if needed
    - ii. Need subcommittee
      1. Ask for volunteers
      2. Games, Food, Equipment
      3. Potluck
        - a. Use Sign-Up Genius
        - b. Create list of picnic foods at future meeting
  
- 4. Information Officer Report:** Anna
  - a. Membership Monday ~ Dona McBride
  - b. Marathon Training Flyer
    - i. Post on IG & FB

- ii. Post in Runners High Stores
  - 1. Flyer #2 Nick will create a QR code for those interested in getting more information: will direct to our website
- c. Friday Reminder Email
  - i. Updates with previous Saturday highlights
  - ii. First Monday of each month highlight a member of AREC

**5. Vice President Report: Amy**

- a. Water Stations
  - i. Have volunteers signed up until June 29<sup>th</sup>
  - ii. Ask Jackie if she still has poster board with pictures for display
- b. Fundraiser Event ~ "The Good Vibes Race"
  - i. June 20<sup>th</sup> 6:30 at the Belmont Pier
  - ii. \$20
  - iii. Bibs and medals ready to go...
    - 1. Dona is our medal hander outer

**6. Community Outreach: Nick**

- a. Sports Basement
  - i. Will send a representative to our Global Running Day on June 5
  - ii. Possible sponsor for our fundraising event on June 20
  - iii. Club benefits include training supplies, coaching certification, and other events
- b. Vuori
  - i. New store in 2<sup>nd</sup> & PCH center
  - ii. Possible to collaborate with managers

**7. Treasurer Report: Russ**

- a. Available Funds: \$2,800
- b. Still need to pay \$500 to the Long Beach Neighborhood Foundation to sponsor Wrigley River Run
  - i. Russ will give Gavin donation and ask for discount extension through May 18<sup>th</sup>
  - ii. Ask for representative/ambassador to our 5/18 training run
- c. Fundraiser Event: Good Vibes will bring in a solid donation
- d. Other ideas for raising funds:
  - i. Membership Drive

- ii. Selling gear
- iii. Couch to 5K Program
  - 1. Begin in July for either LB 5K in Oct or Los Alamitos in Nov
  - 2. Dona will reach out to coaches to help
- iv. Sponsorships
- v. Fundraiser Events like “Good Vibes”
- vi. Malainey’s?
  - 1. Free drink tickets for 1<sup>st</sup> time runners?

8. Board approves new “Code of Conduct”

9. Next Board Meeting on May 20, 6:00 at Aqua Towers

10. Meeting adjourned at 8:45

**11. After Meeting Questions and Answers from Anna:**

- a. Saturday speakers
  - i. Dr. Graves and RH manager
  - ii. Ask Jimmy Honda and Joy Shen
  - iii. Other suggestions?
- b. Nick needs AREC information for Sports Basement application
- c. Dona will reach out to other clubs regarding Global Running Day and have the tent set up
- d. Share AREC flyer with other groups you are associated with
- e. MVP application for picnic
- f. Lululemon connection fell apart when manager left
- g. Dona working on new members along with Russ when they join club

**\*\* ACTION ITEMS \*\***

- h. Need volunteers for Picnic Subcommittee
- i. Permit application for Marina Vista Park Picnic in August
- j. Create QR codes for training flyer and water station sign-ups (Nick)
- k. Wrigley donation to Gavin and ask for discount extension (Russ)

- l. Ask for Wrigley representative to attend 5/18 training run
- m. Malainey's collaboration awarding new members with a drink ticket?
- n. Reach out to coaches for Couch to 5K Program (Dona)
- o. Ask Jackie for poster board with water station photos
- p. Reach out to Tam and Angela regarding picnic stuff
- q. Submit application for Sports Basement and follow up regarding Global Running Day and our summer fundraiser event on June 20th
- r. Create picnic food list for sign-up genius (next board meeting)
- s. Website questions for Ara (Amy) \*\* completed during meeting
  - i. Social media icons, links, minutes, routes, coaches update, and photos
- t. Collect Garmin routes & Strava maps so Nick can create QR codes for training routes