

AREC Board Meeting Minutes

May 20, 2024

Meeting called to order at 6:06

May 6th minutes reviewed & approved

Attendance: Dona McBride, Amy Chambers, Anna Walker, Russ Bowers, Patti Coulombe, and Tom McBride

1. President's Report (Dona)

a. Marathon Training

i. Speakers Dona contacting & scheduling the following:

1. 5/25 Runners High Manager
2. Dr. Graves (Podiatrist)
3. Chiropactor (?)
4. Sports massage members
5. Rufus (acupuncture)
6. Jimmy Honda (PT)

7. Joy Shen – Patti will reach out through FB

b. New Member Discussion

- i. Dona address new members during announcements
- ii. Board members reach out before announcements
- iii. Amy will contact through email

2. Vice President's Report (Amy)

a. Good Vibes Fundraiser Event on June 20th

- i. 18 registered with \$115 in profits
- ii. If we sell out (32 more) the club will profit \$805
- iii. Amy will reach out to BBC for specials

b. Wrigley River Run Discussion

- i. Clarification from Gavin regarding discount process for Arec members

- ii. Board members found it too cumbersome to follow through
- iii. Still encourage members to sign up and run on June 1st as a practice race with the club since we will not be set up at the normal marina location
- c. Received a discount code for the “Venice Conquer the Pier”
 - i. Race is Saturday July 20th
 - ii. Let members know if they are interested

3. Treasurer Report (Russ)

- a. Still looking into the LBNF Donation
- b. The club continues getting new members signing up for marathon training

4. Information Officer’s Report (Anna)

- a. **Newsletter** going out twice a week for updates & training
- b. Creating **Facebook events** on a regular basis
- c. **MAP** booked for Sept 28th at SBYC at 6:00
 - i. Possible theme “Under the Sea”
 - ii. Exploring food options
 - iii. **Need subcommittee members**
- d. **Summer Picnic Aug 18th 12-4**
 - i. **Anna will begin categorizing foods for Sign-up Genius**
 - ii. **Board will finalize at next meeting**
 - iii. **Anna will get permit for Marina Vista Park**
 - iv. **Need subcommittee volunteers to brainstorm ideas, gather items, and decorate**
- e. **Global Running Day June 5th**
 - i. Dona invited TRH members
 - ii. Jason from Legacy will attend
 - iii. **Finalize Sports Basement involvement**
 - iv. Have the Tent set up with raffle prizes (arec gear)

5. Race Results Discussion

- a. Still need communication between Dona, Emmett & Ara
 - b. Amy already created a letter for Anna to include in the next newsletter regarding Grand Prix/Century Club being back with a detailed description and how to submit race results
6. Next Board Meeting TBD (when, where and open to members)
 7. Meeting adjourned at 8:15

****Action Items highlighted**