

# **AREC Board Meeting**

**2/11/25**

Meeting called to order at 6:38pm

Attendance: Dona McBride, Russ Bowers, Anna Walker, Patti Coulombe, Tom McBride and Nick Collica

Board Members reviewed and accepted the Jan 8<sup>th</sup> Minutes

## **1) Wednesday Announcements**

\* Patti has agreed to do the weekly announcements at Malainey's while Dona & Tom are on vacation

\* 2/26 announce the distribution of membership shirts being handed out beginning March 12<sup>th</sup> (Shirts should arrive on 3/3)

## **2) Sports Basement**

\* First Thursday of each month as part of their fun run, they highlight local fitness clubs.

\* AREC can be a possible March 6<sup>th</sup> group - Nick will follow-up

\* Newsletter & social media announcements to encourage participation. Looking for a huge turnout and members would receive lots of deals that evening, plus opportunities to win raffle prizes.

## **3) Volunteers Needed**

\* Club still needs both a water station coordinator and a membership coordinator.

\* All board members will ask members if they are interested in these positions

\* Begin recruiting water station volunteers

#### **4) Run Through Long Beach**

- \* The 5K, 10K, and Half marathon takes place on March 30<sup>th</sup>
- \* Arec has a discount code available

#### **5) 2025 Marathon/Half Marathon Training Schedule**

- \* Dona will send board members schedule with the current weekly mileage to review and give feedback for new year.
- \* Board members will also review “themes” for the upcoming training session
- \* A coach’s meeting will be set up to discuss marathon/half marathon training schedule as well.

#### **5) AREC Newsletter**

- \* Board members agreed to have it sent each Tuesday with more detailed information once a month
- \* Board members will send Anna items/information before Tuesday for her to include in the weekly newsletter.
- \* Newsletter should include the following:
  - \* Race discount codes
  - \* Recruiting volunteers
  - \* Century Club/Grand Prix Results
  - \* Description for entering race results
  - \* Trail Run Updates

- \* Couch to 5K updates and member shout outs
- \* Earth Day Fundraiser Event – April 22<sup>nd</sup>
- \* Sports Basement Events

6) Nick will send board members a google document with upcoming races and will create a “race poll” in our FB group Marathon/Half Marathon Training

## **7) Treasury Report (Russ)**

- \* Russ sent board members the updated financial budget
- \* Current funds \$6,500 after expenditures on the following:
  - \* Membership shirts
  - \* Storage Fees
  - \* Website (Ara)
  - \* RRCA Fees (Insurance)
  - \* Training supplies
  - \* Race medals that should be reimbursed through our two fundraising fun runs
- \* Possible idea for fundraising is to have a yard sale that members can contribute and purchase items.

Meeting adjourned at 8:03pm

Next Meeting scheduled for Thursday March 13th