

AREC Board Meeting

February 5, 2026

1. Meeting called to order at 6:33

2. **Attendance:** Dona McBride, Amy Chambers, Russ Bowers, Patti Coulombe, Adriana Estrada, Nathan Searles, Kevin McKee, and Tom McBride

3. **Minutes** from January 8th meeting reviewed and approved

4. Board Election

a. Voting ends Friday 2/6/26

b. Election results will be reviewed and approved by a non-partisan member

5. Board Transition

a. Former and new elected officials will meet at the Bank of America to change membership in person

b. Transfer storage unit information and keys

c. Hand over all data information such as passwords, contact information, maps, calendar, etc.

d. Dona, Adriana, and Amy will together create a master spreadsheet with all administrative information

6. Water Station Coordination

a. The new schedule has been updated

b. Stephanie Harris has volunteered to be the coordinator

c. Marathon Training begins May 10th

7. Couch to 5K

- a. Training begins April 4th with the Wrigley River Run on June 6th as the final race with the support of all AREC members racing
- b. Rebecca Jurado will be lead coach with Noelle Polmanteer and Patti Coulombe as assistant coaches

8. Social Media

- a. Tom McBride and Adriana Estrada will work together to promote our club through all social avenues

9. Century Club and Grand Prix Competitions

- a. Emmet Rahl has agreed to calculate the race results for this new season

10. New Meet Up Location

- a. The Crab Pot
- b. Tom is working on possible specials and happy hour prices

11. Transition Tuesday February 24th

- a. Discuss Marathon Training "TEAM"

*Meeting adjourned at 8:08