AREC Meeting

August 6, 2026

1. Meeting called to order at 6:32
2. **Attendance:** Amy Chambers, Nathan Searles, Patti Coulombe, Adriana Estrada, Nick Collica, and Kevin McKee
3. Reviewed and **Approved July 16, 2026 minutes**
4. **Reviewed Action Items:**
    a. Continue to promote wearing AREC gear at races for extra MAP raffle tickets
    b. Non-Active membership letter ready to go out
    c. Track 5K will be discussed more with Nick & Brian
    d. Promotion to bring two friends pushed for now

5. **Amy "State of the Union" speech:**
    a. Becoming fiscally independent
    b. Regular meetings seeing an uptick in participation
    c. Social media has more positive engagement
    d. Our board feeling good about teamwork, communication and collaboration

6. **Vision/Mission Discussion**
    a. Reminder about what this means:
        1. Vision ~ Why we exist
        2. Mission ~ What we do
        3. Values ~ How we do it
        4. Possibly use "AREC" as an acronym to highlight our vision
            a. A = achievement
            b. R = respect
            c. E = encouragement
            d. C = community

            ** this is just an example while the board continues to think about all possibilities for each letter
        5. Amy will prepare a sample vision/mission statement for the board to provide feedback and approve

7. **Mock Race August 8th**
    a. Timing ~ Adriana & Kevin
    b. Arrive at 6:15
    c. Items to bring:
        1. Patti – mimosas
        2. Amy – beer/paper products
        3. Kevin- muffins
        4. Adriana- blue arch and juice

8. **MAP October 17th**
    a. Runner of the Year Nominations out 9/3 and open for one week
    b. Board Meeting on 9/16 nominations reviewed and ballot finalized
    c. Discuss other award recipients at meeting
    d. RSVP form to members on 9/14
    e. Ballots to members on 9/17
    f. Votes tallied 9/21-24
    g. Special Board Mtg on 9/24
    h. Order trophies on 9/25 and back by 10/9
    i. Food Order placed on 10/9
    j. Slideshow?
    k. Water Station Award?
    l. Theme to decorate?
    m. Adriana ask Jack & Kelly about Trail Runner of the Year
    n. Raffle/ Auction Items
        1. Amy will talk to Gavin for Mercury Events and Rock N Roll SD
        2. Patti contact Mika at Legacy for free race entries
        3. Patti will reach out to Sports Basement
        4. Patti contact Lisa regarding a basket
        5. Other basket ideas??
        6. LB/OC/Surf City?
        7. LB 2027 entry for Saturday theme raffle

9.Upcoming Events

a. LB Mile August 13th
b. Fleet Feet Pub run August 18th
c. Arec Buddy Run August 19th

d. California Dreaming 5K September 17th
e. Fleet Feet Anniversary Run September 19th
f. AREC Pub Run tentatively September 23rd at Seaport Village

9. Other Discussion Items

a. Early start time (6:45) for Saturday training runs
b. Possible Seal Beach Wednesday run

Meeting Adjourned at 8:50

Next Meeting September 16th at The Crab Pot at 7:15